

# THE LOST YEAR - HOW CAN WE **MOVE FORWARD?** WHAT DID WE **LEARN?**

WORKSHOP SERIES SPONSORED BY:  
**Black Women for Positive Change, Homewood Ministries and Blessed Be Educators**

It has been a challenging year for most, if not everyone – time spent isolated from others or too much time spent together; “Zoomed out” with online learning; or feeling “blah” and not understanding why. Join us for a three-session workshop series designed to provide opportunities both for reflection and for progressing forward to a hopeful future. **Sessions are FREE. Registration is required.**

**October 9, 2021**

10:00 am - 12:00 pm

## **Domestic Violence & Healthy Relationships**

It is well-documented that incidents of domestic partner violence increased during the pandemic. Now is the time to explore the dynamic patterns of violence within intimate partner relationships, and to explore how to stop it.

### **Moderator**

**Diane Powell**

*Black Women for Positive Change Pittsburgh*

### **Presenters**

**Minister Troy Jones**

*CEO & Founder of 108 Organization, LLC,  
Author and Motivational Speaker*

**Commissioner Franklyn Malone**

*Executive Office of the Mayor, District  
of Columbia; CEO & Founder of 100  
Fathers, Inc.*

### **Webinar Registration:**

<https://bit.ly/3mOQNMS>

**January 8, 2022**

10:00 am - 12:00 pm

## **Teen Mental Health & Emotional Well-Being**

The pandemic disrupted the normal developmental process of teens. Complicating an already challenging developmental stage was distance learning, lack of normal social contacts, and more. Learn how adults can become allies in support of teens. Also learn about free virtual and soon to be store-front counseling services for youth ages 12-22.

### **Moderator**

**Dr. Keely Baronak, Carlow University**

### **Presenters**

**Ms. Erin Barr**

*LCSW, Clinical Coordinator,  
UpStreet Pittsburgh*

**Ms. Alliyah Kimbrough**

*MSW, Adolescent & Young Adult  
Psychotherapist, UpStreet Pittsburgh*

**Penn Hills School District Guidance  
Counselor and student**

**February 12, 2022**

10:00 am - 12:00 pm

## **Naming Ambiguous Loss & Grief**

Loss and grief is not a step by step process. We are surprised by a song, a thought, a memory and grief seems to cycle in to who we are yet again. Our presenters will help us to name losses and griefs that seem just out of reach and provide coping mechanisms for becoming stronger.

### **Moderator**

**Dr. Keely Baronak, Carlow University**

### **Presenters**

**Rev. Joseph Hedden**

*Pastor & Spiritual Director of Emmanuel  
Reformed United Church of Christ*

**Rev. Taleeta Canady**

*Congregation Care Minister,  
Rodman Street Baptist Church*

**Rev. Dr. William R. Glaze**

*Senior Pastor, Bethany Baptist Church*

Email registration available; [mahvizdos@verizon.net](mailto:mahvizdos@verizon.net)

PA Act 48 Hours (2) available for teachers through Carlow University Education Department.

